



# The AMBER care bundle – a guide for patients, their relatives and carers

**This leaflet aims to answer your questions about what the AMBER care bundle is. It explains how we use it to keep you informed about your condition and give you the best possible support with any decisions you need to make. If you have any further questions, please speak to a doctor or nurse caring for you.**

## Who is the AMBER care bundle for?

Sometimes, despite our best efforts, patients do not respond to treatment as well as we would hope and their recovery may be uncertain. When we are concerned about this, the AMBER care bundle can help to make sure that all our staff know about the patient's condition and are working together to give the best possible care and support.

Some people in this situation may recover from their current illness. Some people, however, may not respond to treatment and further discussions may be needed. The AMBER care bundle is not about stopping treatments but aims to keep the patient and their relatives or carers up to date with what is happening. It ensures staff talk to patients and those close to them about treatment options and where they want to be cared for.

## What does the AMBER care bundle mean for me?

We will monitor you closely on a daily basis. This will allow us to respond quickly to any changes in your condition.

We will keep you up to date with any changes in your condition and your treatment, so you can be actively involved in your care.

You will also be given the opportunity to discuss how and where you would like to be cared for in the future if you do not get better. You can talk to us about any other wishes or concerns you have.

With your permission, we can also include your family, carers or friends in these discussions, and make sure they are updated regularly.

## Who should I contact if I have any further questions about this?

If you have any further questions about the AMBER care bundle and what it means, please ask your ward manager, nurse specialist or hospital doctor.

## Contact us

Ward .....

Tel .....

Hospital doctor .....

Tel .....

Nurse specialist .....

Tel .....